

THE BEACON

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC



CENTRE DE SOINS PROLONGÉS
ST. JOSEPH'S
CONTINUING CARE CENTRE

A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Hello, sweet summer!

We are embracing this beautiful weather! So far this season, our residents' and patients' summer has been filled with visits to the park, outdoor BBQs, festivals, courtyard entertainment, and patio visits with friends. We are looking forward to a warm August and September.

The past few months have been exciting! We've welcomed new residents and patients, new staff, new volunteers, and new families to join our circle of care. We are grateful for the opportunity to have these individuals as part of our SJCCC family.

Looking ahead, the fall is sure to be a great time at the Centre as we have some exciting events and entertainment lined up that are sure to bring a smile to our residents and patients.

Wishing you all good health.

Gizanne Lafrance-Allaire

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STAY UP-TO-DATE ON WHAT'S HAPPENING AT SJCCC!



WWW.SJCCC.CA

KEEPING YOU IN THE KNOW

Upcoming Events

TUESDAY, AUGUST 6

Ball Drop and Quilt Raffle
Kick-Off

SATURDAY, AUGUST 10

CORNWALL WATERFEST

TUESDAY, AUGUST 20

Cornfest at SJCCC

SUNDAY, SEPTEMBER 8

Grandparents Day

SEPTEMBER 8 - 14

Housekeepers & EVS Week

TUESDAY, SEPTEMBER 10

Raffle Draw Date

WEDNESDAY, SEPTEMBER 11

Employee Service Awards

SEPTEMBER 16 - 22

Residents' Council Week

TUESDAY, SEPTEMBER 17

Rehabilitation Day

FRIDAY, SEPTEMBER 20

National Tradesman Day

OCTOBER 2024

Occupational Therapy Month

A MESSAGE FROM ST. JOSEPH'S CARE FOUNDATION

Saturday, August 10, 2024

Cornwall Waterfest Dragon Boat Races are soon approaching!!!

This year, SJCCC is the charity of choice for the 12th annual Dragon Boat Races on the canal. The event takes place Aug. 10 starting at 8:30 am!

Food trucks, vendors, live DJ, races, and more will be on site.

Raffles and 50/50 tickets are available for CASH prizes! Stop by and visit our Foundation team at the St. Joseph's Care Foundation table to get your tickets!!!

This event is a signature favourite in the Cornwall community and we're thrilled to be part of it.



IT HAS BEEN A WHIRLWIND OF A YEAR AS FUNDRAISING CONTINUES FOR REHABILITATION PROGRAMS AT SJCCC. THIS YEAR, WE HELPED RAISE \$576,000 TO SUPPORT THE NEW PHYSICAL THERAPY SPACE LOCATED ON LEVEL 2.

IN 2024, WE CONTINUE OUR FUNDRAISING JOURNEY TO PURCHASE ADDITIONAL EQUIPMENT FOR SJCCC'S REHABILITATION PROGRAM. WE HAVE NUMEROUS FUNDRAISERS AND ACTIVITIES LINED UP, HERE'S HOW YOU CAN SHOW YOUR SUPPORT:

First Annual Big Ball Drop Raffle

BIG NEWS!

We are dropping 1,000 coloured ping pong balls for 30 + ft up high! The winning ball closest to the middle of the target is the winner of \$2,500 cash! But we need your help to sell as many balls as possible!

Funds raised from this event will help support equipment purchases for rehabilitation programs.

Balls are \$20 each. Every ball represents 1 ticket.
On sale starting August 6!

Drop Date: Tuesday, September 10 at 2:00 pm

Tickets are available at SJCCC's reception desk or contact Christie at 613-933-6040 ext. 21186 for more information.

PRESENTED BY
ST. JOSEPH'S CARE FOUNDATION
LICENCE: 872845

FIRST ANNUAL
BIG BALL DROP

SUPPORTING REHABILITATION AT ST. JOSEPH'S CONTINUING CARE CENTRE
ONLY 1000 BALLS AVAILABLE FOR PURCHASE

\$2,500
CASH PRIZE

\$20
PER BALL
VISIT SJCCC'S RECEPTION DESK TO PURCHASE TODAY!

DROP DATE:
SEPTEMBER 10, 2024
2:00 PM
SJCCC PARKING LOT

Sponsored by
SUNBELT RENTALS



TIP, TAP, PAY: Now Available

We heard you loud and clear! Our Foundation is now using TIP, TAP, PAY for events and foundation-related activities. We've made donating funds as easy as 1-2-3 at SJCCC!

1. Stop by the front reception desk at SJCCC
2. Take out your mobile device or debit/credit card.
3. TAP the donation amount you'd like!

QUILT RAFFLE

SUPPORTING DEMENTIA PROGRAMS AT SJCCC

We are fortunate to have such wonderful families who care about the well-being of SJCCC's residents and patients. One family, in particular, has gone the extra mile to raise funds for dementia programs at the Centre. To honour their beautiful mother Gabrielle, a former resident at SJCCC, Carole, and Peggy, donated this handcrafted quilt to raffle off and raise as many funds as possible for centre-wide art therapy programs. With the funds raised for this raffle, SJCCC will be purchasing Dry Artboards for each unit. These boards will allow families and visitors to engage meaningfully with their loved ones, easily and therapeutically.

Tickets are \$5 each, or 5 for \$20.

Looking to purchase tickets? Please visit SJCCC's reception desk or contact Christie at 613-933-6040 ext. 21186.



As always, we continue to accept donations online at www.sjccc.ca through Canada Helps and by mail with cheque or cash at 14 York Street.

If you're interested in making a donation or hearing more about becoming a monthly donor, donating legacy gifts, or the many different ways you can give back, please contact Christie at chollingsworth@sjccc.ca or 613-933-6040 ext. 21186. She will work with you to determine what works best to suit your needs and where you can make a lasting impact at SJCCC.

EMPLOYEE SERVICE AWARDS

September 11, 2024

It's that wonderful time of year again!

SJCCC is hosting the annual Employee Service Awards on Wednesday, September 11. This year, we have decided to shake things up a bit and take the event offsite to honour and recognize the hard work and dedication of our recipients.

Service Award recipients and retirees will be treated to an intimate evening with a complimentary 3-course meal at the Best Western Parkway Inn, along with a token of our appreciation. This event is open to friends, families, and colleagues! Tickets can be purchased at the main reception desk for **\$40** each.

Volunteers: WE NEED YOU

SJCCC is currently recruiting volunteers to support Spiritual Care programs. We offer Mass on Tuesdays, Thursdays, and Sundays. If you have a little time to give and are interested in supporting this meaningful program, please contact volunteer@sjccc.ca

Do you play piano...and do you have a little time to share?

We are looking to recruit some piano players to bring their musical talents to our Gathering Space on weekends! If so, please contact volunteer@sjccc.ca



CORNFEST 2024



Tuesday, August 20

Come one and all!
Families and friends are welcome!

Join us on Tuesday, August 20, in the main courtyard as we celebrate Cornfest 2024. The event will not disappoint - complete with live entertainment by Judy and the Drifters, fresh corn (husked by our residents), and so much more!

This a tradition that has been with our Centre for more than 3 decades! It is a summer classic and we are excited to celebrate with you.
Start time: 2:00 pm

RESIDENT AND FAMILY WINE AND CHEESE RETURNS IN 2024

SJCCC is thrilled to announce the return of the Resident and Family Wine and Cheese Event to kick-off the holiday season!

This celebration has been the most memorable event in SJCCC's history and has been on pause since the beginning of the pandemic. This will be an afternoon event, complete with delicious bites, a silent auction, raffles, and the kick-off of Lights of Hope, our Foundation's largest fundraiser of the year.

Coming this December!



NEW BEGINNINGS AT SJCCC

IT'S OFFICIAL!!! OUR NEW REHABILITATION SPACE IS OPEN!

Let us take a little journey through the past 15 months at SJCCC...

On May 2, 2023, SJCCC officially broke ground to increase the footprint of rehabilitation space offered for patients enrolled in rehabilitation at Hotel Dieu Hospital. What began as a short-term closure of the front entrance, resulted in a 6-month massive construction project detouring visitors to various side entrance locations. The entire main lobby had to be torn apart to be able to accommodate the new structure that now stands on the second floor of SJCCC.

Staff, physicians, residents, patients, families, volunteers, visitors, and contractors all played a special role in this venture. Their patience, positivity, and excitement made the construction portion seem less daunting.

Of course, there were hiccups along the way but by December, the outer windows were in place for construction to continue inside. Crews worked tirelessly to put the space together to ensure a mid-February completion date.

Internally, our **Maintenance** team assembled more than \$180,000 worth of new equipment to be placed in the new 2400-square-foot space. Maintenance also worked diligently for weeks to restore our Hospital to its former beauty by patching, prepping, and painting.

Ahead of the grand opening, our **Therapy, Housekeeping, Dietary, and Nursing** teams, all adopted a new scheduled approach to care for our patients, including the introduction of group programming, a first at SJCCC.

At times it's been challenging, but it's been oh-so-worth it. **Did you know in 2023 SJCCC saw 400 patients?** Now, thanks to added space and a scheduled approach, the program is on the trajectory to see **550 patients by year-end**... an incredible feat for such a short time.

On June 6, 2024, SJCCC and St. Joseph's Care Foundation, in partnership with **Desjardins**, hosted an intimate gathering of donors and community partners to cut the ceremonial ribbon. What's pretty remarkable is that the space looks like it's been there all along. It is the heart of SJCCC and has filled in the missing piece. We are looking forward to all the benefits this space brings to our SJCCC community.

WELCOME TO REHABILITATION



Working Together on Local Projects



St. Joseph's Continuing Care Centre (SJCCC) is the proud recipient of \$55,000 from Desjardins Ontario Credit Union's Community Development Fund in support of its new physical therapy rehabilitation space.

In 2023, Desjardins Ontario Credit Union launched a call for applications to provide \$500,000 for meaningful projects in Ontario. SJCCC was fortunate to have been selected as one of the recipients to receive \$50,000.

"We are grateful for the support of Desjardins Ontario Credit Union," said Gizanne Lafrance-Allaire, Executive Director at SJCCC. "Their investment in our rehabilitation program ensures that we can continue to provide the best care for our patients, residents, and community."

To help share the word about their initiative, Desjardins Ontario Credit Union started a social media push on Facebook encouraging the community to vote for their #favouriteproject for the opportunity to win an extra \$5,000 which was also awarded to SJCCC, bringing their full contribution to \$55,000.

In 2023, SJCCC partnered with St. Joseph's Care Foundation and launched Stronger Together – a fundraising campaign set to raise \$680,000 over three years supporting rehabilitation programs.

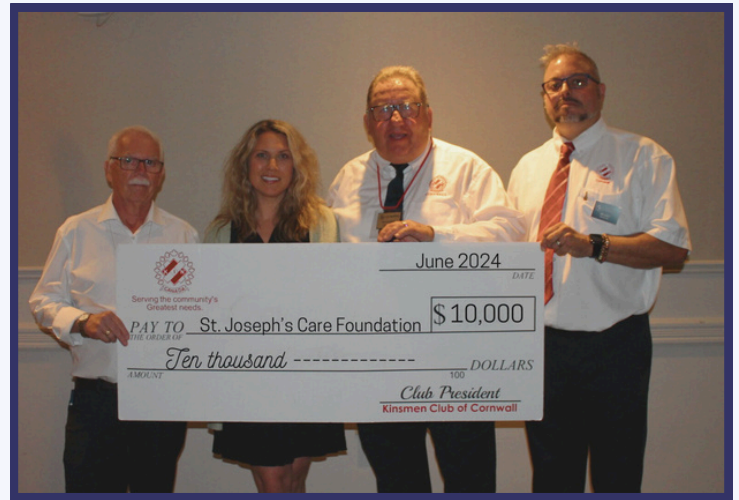
Desjardins' donation is the largest corporate gift the campaign, in partnership with SJCCC, has received to date.



SPECIAL THANKS TO...

Kinsmen Club of Cornwall

Many thanks to our friends at the Kinsmen Club Of Cornwall for their recent \$10,000 donation in support of rehabilitation programs at SJCCC. Thanks to their efforts and generosity, we were able to purchase a new functional trainer and pendulum stepper for our new rehabilitation space. We are grateful for the ongoing support we receive from the Kinsmen and for all the incredible work they do for our community.



Grade 8 Students at Ecole La Citadelle

Thank you to the students at Ecole Secondaire La Citadelle for spending time with our long-term care residents in St. Joseph's Villa. Right before we kicked off summer, the students stopped by for a morning of crafts and games with some of our residents. We were so impressed by the kindness that was shown by these incredible students. We can't wait to have the students back once a new school year begins!



The City of Cornwall

In June, we celebrated Seniors Month! It was very nice to come together virtually with Southbridge Cornwall and Glen Stor Lodge for some exciting games of BINGO.

A big thank you to the City of Cornwall for providing prizes, including us in the Seniors Month festivities, and for making it possible for the seniors who live in some of our local long-term care homes to participate in some of the Seniors Month fun!